

## Self-Management Skills

- Gross Motor Skills
- Fine Motor Skills
- Spatial Awareness
- Organization
- Time Management
- Safety
- Healthy lifestyles
- Codes of Behavior
- Informed Choices

## Research Skills

- Formulating Questions
- Observing
- Planning
- Collecting Data
- Recording Data
- Organizing Data
- Interpreting Data
- Presenting Research Findings

## Thinking Skills

- Acquisition of knowledge
- Comprehension
- Application
- Analysis
- Synthesis
- Evaluation
- Dialectical thought
- Metacognition

## Social Skills

- Accepting Responsibility
- Respecting others
- Cooperating
- Resolving Conflict
- Group Decision-Making
- Adopting a variety of group roles

## Communication Skills

- Listening
- Speaking
- Reading
- Writing
- Viewing
- Presenting
- Non-Verbal Communicaiton